

# SECRET SPA

## MENU

### RELAXING MASSAGE

A soothing massage using gentle strokes and relaxing oils to help relieve tired muscles.

### DE-STRESS MASSAGE

Unwind at our En Route Lounge with this soothing massage designed to melt away any stress and calm the body and mind. Using gentle strokes to clear the mind and targeting points of tension on the body.

### NEOM DE-STRESS MASSAGE

A thoroughly immersive massage, which combines relaxing scents and specialist massage techniques on key stress relieving points, including head, face, neck and back. Including a reflex foot massage, breathing techniques and NEOM's Intensive Skin Treatment Candle oil, which is gently massaged over the skin during the treatment. This massage allows tension to drift away and for a calm new you to be revealed.

### REFLEXOLOGY MASSAGE

Reflexology is the practice of working reflex points in the feet (and sometimes hands and face) to create balance and restore working functions in the body.

### ENERGIZING MASSAGE

Feel refreshed with this uplifting massage designed to improve circulation and give you a much-needed boost. Supercharge yourself ahead of a busy period or feel renewed after a hectic week.

### CLASSIC MANICURE

A classic manicure with cuticle work, hand massage, shaping and painting with polish of your choice from a selection of more than 30 colours. The best way to keep hands and nails in perfect condition.

### GEL MANICURE

A luxurious, long-lasting treatment for nails and hands. Includes cuticle work, hand massage, file and paint with a gel polish of your choice from a selection of more than 30 colours and setting under a lamp.

### CLASSIC PEDICURE

This pedicure treatment involves the soaking, exfoliation, nail shaping, cuticle work, foot massage and painting with polish of your choice from a selection of more than 30 colours. The best way to keep feet and toes in perfect condition.

### GEL PEDICURE

The gel pedicure treatment includes soaking of the feet, foot massage, cuticle work, file, paint with gel polish from a selection of more than 30 colours and setting under a lamp. The luxurious, long lasting treatment for nails and feet.

